

## GIRLS' CHECK LIST

1. Exclusively for the Capitol, and going to church (to be worn two days) - One outfit consisting of: one nice pant suit or nice slacks and a sweater for girls. This is to be a dressy looking outfit like you would wear to a nice restaurant. **To wear on the plane:** nice pants with blouse/sweater or turtleneck.
2. 4-6 interchangeable outfits: pants, sweaters, blouses, polo shirts or turtlenecks. Any part of the school uniform is acceptable including the sweatshirt and the jacket. **Please do not wear:** T-shirts, sweatshirts (uniform sweatshirts only), blue denim jeans/skirts, overalls, oversized clothing, leotard /tight knit pants, or floor length dresses/skirts. Levi brand pants in other colors or dress cords are acceptable. It is our desire that young people dress so they do not draw attention to themselves. We want to look sharp and neat at all times. **Your child will be asked to change if inappropriate clothing is worn.**
3. Underwear: Remember...we will be gone 12 days so...12 pairs of panties, 5-6 bras, 12 pairs of socks and some thick tights/pantyhose. A pair of thermal underwear is advisable.
4. Raincoats w/hoods and/or umbrella (**A MUST**). A travel umbrella that folds up and fits into luggage works well and is easy to carry and open when needed.
5. Shoes: 2 pair (1 walking, 1 dress) very comfortable shoes. Please **NO** canvas, fabric, steel toed boots or open-toed shoes. **(Shoes will encounter rain, mud and snow.)** A rain boot or plastic cover ups are optional. Bring baggies or grocery bags to put shoes in for travel as they may be dirty.
6. One heavy coat/jacket, one warm head scarf or a warm hat and gloves. **Warm clothing is a must!** Temperatures sometimes get below 20 degrees.
7. Pajamas. (Robes and slippers optional) Hotel rooms are nicely heated at all times.
8. Jewelry: watches are appropriate. Expensive jewelry should not be taken. Earrings: NO more than one earring per ear. Small button type earrings are the preferred.
9. Plastic bags for soiled clothing. (There will be no time for washing clothes.)
10. Personal items: **(Travel size items pack better!) (MUST BE PACKED IN CHECKED LUGGAGE)**

Sanitary supplies	Cosmetics if needed
Toothbrush, Toothpaste	Hair dryer/Curling Iron
Deodorant	Small packages of Kleenex
Soap/Shampoo	Pens/Pencils (3-4)
Brush/Comb	Address list, stamps, stationary
Hair spray (pump container)	Small Bible/reading book for plane
11. Camera, film (10-12 rolls of 36 exposure or the equivalent). Film is extremely expensive on tour. Make sure your child takes enough film from home. Practice changing film and the battery. Take an extra battery. Enough manila envelopes with cities labeled.
12. **NO** Walkmans, tape recorders, electronic games or playing cards. **NO cell phones for students! NO** candy, gum or other such goodies. These items will be confiscated if found on student or in luggage.
13. Luggage: 1 suitcase only and 1 carry-on please. The busses can only hold so much. Large duffel bag type luggage is harder to handle. **Remember...your child will be responsible for carrying his/her own luggage at all times. DO NOT** bring cosmetic cases or garment bags. 1 (one) backpack or small tote bag is fine as a carry-on but must fit in overhead or under seat (max. size 8" thick, 16" wide, 21" long). Make sure all pieces of luggage have personal identification tags on it. **LUGGAGE CAN WEIGH NO MORE THAN 50 LBS. OR STUDENT WILL BE CHARGED "AT LEAST" \$25 EXTRA AND THEY WILL NEED TO PAY IT OUT OF THEIR SPENDING MONEY.**
14. **HAIRCUTS:** Haircuts for girls must also be neat and remain out of the face and eyes of the student and be a natural color.

**NOTE: If items are packed individually in plastic bags (food wrap size baggies) they do not wrinkle as badly and are easier to keep separated and clean, especially shoes.**

**HINT: Tape this list to lid of suitcase for check-list when repacking.**